NOVEMBER

Address:
340 Route 45, 1st Floor, Rear Entrance
Salem, NJ 08079

For Peer Support:
contact Sheanna Alexander
at salexander@cspnj.org
or call 856 279 2753

Join us in person or virtually:
https://us06web.zoom.us/j/4104502961?omn=86539473009
Meeting ID: 410 450 2961

Center Phone Number:
856 279 2753

CENTER HOURS

Mon: 2PM - 8PM
Tues: 2PM-8PM
Wed: 2PM-8PM
Thurs: 9AM-3PM
Fri: 9AM - 3PM
Sat: 9AM - 3PM
Sun: CLOSED

NEW DIMENSIONS CWC

MON	TUE	WED	THURS	FRI	SAT
2 **3PM** Financial Wellness **5PM** Words Matter	3 **3PM** P2BW Managing High Blood Pressure **5PM** Creative Expressions **530PM** Let's Vote	4 **3PM** Peer Check In **5PM** The Progress Project	5 **10AM** Who Am I Now? **12PM** Anger Management	6 **10AM** Self-Care Circle **12PM** Journaling **1PM** Center Clean Up	7 **Shopping Trip**
9 **3PM** Financial Wellness **4PM** Community Meeting **5PM** Words Matter	10 **3PM** P2BW Living with Diabetes **5PM** Creative Expressions	11 **3PM** Peer Check In **5PM** The Progress Project	12 **10AM** Hearing Voices Network (HVN) **12PM** Anger Management	13 **10AM** Self-Care Circle **12PM** Journaling **1PM** Center Clean Up	14 **10AM** GROW **12PM** Making Friends in Recovery
16 **3PM** Financial Wellness **5PM** Words Matter	17 **3PM** P2BW Smoking Cessation **5PM** Creative Expressions	18 **3PM** Peer Check In **5PM** The Progress Project	19 **10AM** Who Am I Now? **11AM** Community Meeting **12PM** Anger Management	20 **10AM** Self-Care Circle **12PM** Journaling **1PM** Center Clean Up	21 **10AM** GROW **12PM** Making Friends in Recovery
23 **3PM** Financial Wellness **5PM** Words Matter	24 **3PM** P2BW Wellness Watch **5PM** Creative Expressions	25 **Thanksgiving Dinner** **11AM - 2PM**	26 **CENTER CLOSED FOR THANKSGIVING**	27 **CENTER CLOSED FOR THANKSGIVING**	28 **10AM** GROW **12PM** Making Friends in Recovery
30 **3PM** Financial Wellness **5PM** Words Matter **Cake Day**					

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COLLABORATIVE SUPPORT PROGRAMS OF NEW JERSEY