MOVING FORWARD CWC

NOVEMBER

Address:
55 Morris Street
New Brunswick, NJ 08901

For Peer Support:
call 732 317 2920
or contact Gianna Sanchez at
gsanchez@cspnj.org

Join us on Zoom:
Call the center for more information.

Center Phone Number:
732 317 2920

CENTER HOURS

Sun: CLOSED
Mon: 1PM - 7PM
Tues: 11AM - 5PM
Wed: 11AM - 5PM
Thurs: 1PM - 7PM
Fri: 11AM - 5PM
Sat: 11AM - 5PM

MON	TUES	WED	THURS	FRI	SAT
2 **2PM** Mindfulness and Art **330PM** Men's Group	3 **12PM** Community Meeting & Check Ins **130PM** Recovery for Wellness **3PM** Community Cleanup	4 **12PM** Fitness Group **130PM** Somatic Relaxation	5 **2PM** CSP Peer Wellness Respite Presentation **330PM** GROW Group	6 **12PM** Music Appreciation **130PM** Dual Recovery **3PM** Community Cleanup	7 **12PM** Community Meeting & Check Ins **130PM** Creative Expressions
9 **2PM** Mindfulness and Art **330PM** Men's Group	10 **12PM** Community Meeting & Check Ins **130PM** Recovery for Wellness **3PM** Community Cleanup	11 **12PM** CSP SUpportive Services Presentation **130PM** Somatic Relaxation	12 **2PM** Middlesex College Workforce Development & Lifelong Learning Programs Presentation **330PM** GROW Group	13 **12PM** Music Appreciation **130PM** Game Day **3PM** Community Cleanup	14 **12PM** Community Meeting & Check Ins **130PM** Creative Expressions
16 **2PM** Mindfulness and Art **330PM** Men's Group	17 **12PM** Community Meeting & Check Ins **130PM** PrEP Presentation **130PM** HIV Testing **3PM** Community Cleanup	18 **12PM** Fitness Group **130PM** Somatic Relaxation	19 **2PM** Wellpoint Presentation **330PM** GROW Group **6PM** Middlesex County Recovery Connections	20 **12PM** Music Appreciation **130PM** Dual Recovery **3PM** Community Cleanup	21 **12PM** Community Meeting & Check Ins **130PM** Creative Expressions
23 **2PM** Mindfulness and Art **330PM** Men's Group	24 **12PM** Community Meeting & Check Ins **130PM** Recovery for Wellness **3PM** Community Cleanup	25 **12PM** Gratitude Art **130PM** Thanksgiving Community Meal	26 **CENTER CLOSED FOR THANKSGIVING**	27 **CENTER CLOSED FOR THANKSGIVING**	28 **12PM** Community Meeting & Check Ins **130PM** Art Show
30 **2PM** Mindfulness and Art **330PM** Men's Group					

CSPNJ
COLLABORATIVE SUPPORT PROGRAMS OF NEW JERSEY