NOVEMBER

Address:
80 Steiner Ave
Neptune City, NJ 07753

Center Number:
(732) 455-5358

For Peer Support,

call (848) 336-6045.

CENTER HOURS

SUN: 10AM - 3PM
MON: 9AM - 5PM
TUES: 11AM - 7PM
WED: 9AM - 5PM
THURS: 11AM -7PM
FRI: 9AM - 5PM
SAT: 10AM - 2PM

Breakfast served daily 10AM - 11AM.

Lunch served daily 12PM - 1PM.

MONMOUTH COUNTY CWC

SUN	MON	TUES	WED	THURS	FRI	SAT
1 **Center Activities**	2 **1030AM** The Welcome Circle **1PM** Gather and Grow **2PM** Loss is Loss Transportation to Social Services	3 **1030AM** Coffee & Connections **2PM** FALL into Wellness	4 **1030AM** A Brighter Day **11AM** Darryl from SAFE **1PM** P2BW Breathwork Meditation with Cory **2PM** Holiday WRAP Transportation to Social Services	5 **1030AM** Mindful Mornings **1PM** Fall Into Your Feelings **2PM** TED Talk & Discussion Group Transportation to Social Services & DMV	6 **1030AM** Seeds of Wellness **130PM** Word of the Day with Jay from NAMI **2PM** Music Recovery Group	7 **Center Activities**
8 **Center Activities**	9 **1030AM** The Welcome Circle **1PM** Gather and Grow **2PM** Self Forgiveness in Recovery Transportation to Social Services	10 **1030AM** Coffee & Connections **2PM** Hearing Voices Network (HVN)	11 **1030AM** A Brighter Day **1PM** P2BW Breathwork Meditation with Cory **2PM** Peace with Your Past Transportation to Social Services	12 **1030AM** Mindful Mornings **1PM** Leaves of Change **2PM** TED Talk & Discussion Group Transportation to Social Services & DMV	13 **1030AM** Seeds of Wellness **130PM** GROW Group **2PM** Triggers and Warning Signs in Recovery	14 **Center Activities**
15 **Center Activities**	16 **1030AM** The Welcome Circle **1PM** Gather and Grow **2PM** Loss is Loss Transportation to Social Services	17 **1030AM** Coffee & Connections **2PM** Chilling with My Pumpkins	18 **1030AM** A Brighter Day **1PM** P2BW Breathwork Meditation with Cory **2PM** Holiday WRAP Transportation to Social Services	19 **1030AM** Mindful Mornings **1PM** Turning Over a New Leaf **2PM** TED Talk & Discussion Group Transportation to Social Services & DMV	20 **1030AM** Seeds of Wellness **130PM** GROW Group **2PM** Social Rejection in Recovery	21 **Center Activities**
22 **Center Activities**	23 **1030AM** The Welcome Circle **1PM** Gather and Grow **2PM** Self Forgiveness in Recovery Transportation to Social Services	24 **1030AM** Coffee & Connections **12PM** Harvest of Hope **1PM** Hearing Voices Network (HVN) **2PM** Thanksviging Support Jeopardy	25 **1030AM** A Brighter Day **1PM** P2BW Breathwork Meditation with Cory **2PM** Peace with Your Past Transportation to Social Services	26 **1030AM** Mindful Mornings **1PM** Pumpkin Picasso **2PM** TED Talk & Discussion Group Transportation to Social Services & DMV	27 **1030AM** Seeds of Wellness **130PM** Word of the Day with Jay from NAMI **2PM** Music Recovery Group	28 **Center Activities**
29 **Center Activities**	30 **1030AM** The Welcome Circle **1PM** Gather and Grow **2PM** Loss is Loss Transportation to Social Services					

CSPNJ
COLLABORATIVE SUPPORT PROGRAMS OF NEW JERSEY