

Zoom Links



Meditation With Jim

2nd & 4th Tuesday 3 PM
Meeting ID: 910 5300 2643

Peer Training

Thursday 10 AM
Meeting ID: 927 0164 2140

Steps to Wellness

Friday 10 AM ID: 923 0200 4456
Pass: 418251

Artz in Motion

2nd & 4th Friday 3:30-5 pm
Meeting ID: 950-275-4870



SUN

MON

TUE

WED

THU

FRI

SAT

AUGUST

Reach Out Speak Out
Wellness Center of Trenton



For More
Information, email
lblecher@cspnj.org

		2	3 11-4PM MOBILE PEER SUPPORT CALLS 1 PM FOOD GROUP	4 11-4PM MOBILE PEER SUPPORT CALLS 10AM PEER TRAINING	5 11-4PM MOBILE PEER SUPPORT CALLS 10AM STEPS TO WELLNESS	6
	8 11-4 MOBILE PEER SUPPORT CALLS DONATIONS	9 11-4 PM MOBILE CALLS- 3 PM MEDIATION	10 11-4PM MOBILE PEER SUPPORT CALLS 1 PM FOOD GROUP	11 11-4PM MOBILE PEER SUPPORT CALLS 10AM PEER TRAINING	12 11-4PM MOBILE PEER SUPPORT CALLS 10AM STEPS TO WELLNESS 3:30PM ARTZ IN MOTION	13
14	15 11-4 MOBILE PEER SUPPORT CALLS DONATIONS	16 11-4 PM MOBILE CALLS- 3 PM MEDIATION	17 11-4PM MOBILE PEER SUPPORT CALLS 1 PM FOOD GROUP	18 11-4PM MOBILE PEER SUPPORT CALLS 10AM PEER TRAINING	19 11-4PM MOBILE PEER SUPPORT CALLS 10AM STEPS TO WELLNESS	20
21	22 11-4 MOBILE PEER SUPPORT CALLS DONATIONS	23 11-4 PM MOBILE CALLS- 3 PM MEDIATION	24 11-4PM MOBILE PEER SUPPORT CALLS 1 PM FOOD GROUP	25 11-4PM MOBILE PEER SUPPORT CALLS 10AM PEER TRAINING	26 11-4PM MOBILE PEER SUPPORT CALLS 10AM STEPS TO WELLNESS 3:30PM ARTZ IN MOTION	27
28	29 11-4 MOBILE PEER SUPPORT CALLS DONATIONS	30 11-4 PM MOBILE CALLS- 3 PM MEDIATION	31 11-4PM MOBILE PEER SUPPORT CALLS 1 PM FOOD GROUP			

