

PARK AVE WELLNESS CENTER

NOVEMBER 2021

WE'RE OPEN FOR IN PERSON SERVICES!

Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Address: 333 Park Ave Plainfield NJ 07060</p> <p>Peer Support: Call Andre at (908) 7757 1350 or email alawson@cspnj.org</p> <p>Join a group virtually: zoom.us/j/6290232154</p>				
2 2pm Anger Management 430pm HVN	3 2pm Stress & Anxiety 430pm Double Trouble	4 2pm Dealing w/ Jealousy 430pm AA	5 2pm Dealing w/ Bullying 430pm NA	6 2pm Arts & Crafts 430pm Open Meeting
9 2pm Different Cultures 430pm HVN	10 2pm Tolerance 430pm Double Trouble	11 2pm Travel 430pm AA	12 2pm Threefold Understanding 430pm NA	13 2pm Arts & Crafts 430pm Open Meeting
16 2pm Goals Group 430pm HVN	17 2pm Expectations Group 430pm Double Trouble	18 2pm Perseverance Group 430pm AA	19 2pm Self Worth 3pm Community Meeting 430pm NA	20 2pm Arts & Crafts 430pm Open Meeting
23 2pm Grateful vs Appreciation 430pm HVN	24 2pm Giving Thanks 430pm Double Trouble	25 Happy Thanksgiving!	26 2pm Gift of Giving 430pm NA	27 2pm Arts & Crafts 430pm Open Meeting
30 2pm 430pm HVN				