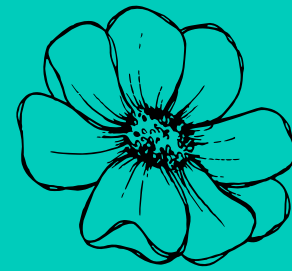


Moving Forward CWC

25 Elizabeth St Suite H, New Brunswick NJ 732 317 2920



Virtual Calendar



Zoom Phone Access audio only: Dial: +1 929 436 2866 and enter below desired group ID #



Zoom Computer Access audio/video: <https://zoom.us/join> and enter below desired group ID #

Monday:

Community Meeting & Check-In Group 1:30PM

Meeting ID: 918 4791 6055

Men's group 4PM

Meeting ID: 958 9791 8434

Women's group 5PM

Meeting ID: 969 1169 0067

Tuesday:

Young Adults Group 3PM

Meeting ID: 927 5251 3373

Wednesday:

Healthy Eating & Diabetes 3:30PM

Meeting ID: 916 4414 8205

Financial Resources 5PM

Meeting ID: 958 3866 1759

Thursday:

Emotional Wellness 3:30PM

Meeting ID: 963 7681 8276

Music/Poetry 5PM

Meeting ID: 941 9626 4404

Friday:

Physical Wellness & Exercise 4PM

Meeting ID: 962 5887 7308

Peer Support and Advocacy 2PM

Meeting ID: 971 089 7773

Saturday:

Aspirations and Goals Group 1:30PM

Meeting ID: 962 7136 2252

Meditation 3:30PM

Meeting ID: 950 8286 2473

Sunday: CLOSED