

NEW HORIZONS CALENDAR FOR FEBRUARY 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3 12:30pm Business Meeting 1pm Meditation 1:30pm Art Therapy	4 12:30pm Stress Management Group 1:30pm Self Awareness Group	5 12:30pm GROW Group 2:00pm GROW Social 3:00pm Grocery Shopping	6 12:30pm IMR with Mac 6:30pm GROW Group	7 12:30pm Healthy Choices 1:30pm Gratitude & Intention Group 2:00pm Multicultural Group	8
9	10 12:30pm Business Meeting 1pm Meditation 1:45pm Music And Dance Therapy	11 12:30pm Hearing Voices Network 1:30pm Tealicious Group	12 12:30pm GROW Group 2:00pm GROW Social	13 12:30pm Fat Cat Recovery Group 1:30Astronomy Class 6:30pm GROW	14 12:30pm Healthy Choices 1:30pm Gratitude & Intention Group 2:00pm Spiritual Wellness Dim	15
16	17 Presidents' Day Center is closed	18 12:30pm Depression Bipolar Support Group 1:30pm Daily Planning Group	19 12:30pm GROW Group 2:00pm GROW Social 3:00pm Grocery Shopping	20 12:30pm IMR with Mac 1:30pm Political Science 6:30pm GROW Group	21 12:30pm Healthy Choices 1:30pm Gratitude & Intention Group 2:00pm English Group	22
23	24 10:30am SCAC Meeting 12:30pm Business Meeting 1:30pm Art Therapy	25 12:30pm Hearing Voices Network 1:30pm Tealicious Group	26 12:30pm GROW Group 2:00pm GROW Social	27 Noon: Cooking Class & Piggy Bank Savings Group 6:30pm GROW Group	28 12:30pm Healthy Choices 1:30pm Gratitude & Intention Group 2:00pm Book & Poetry Group	29



New Horizons Community Wellness Center is located at 63 South Myrtle Street, Vineland, NJ 08360
 Hours of Operations: Monday – Friday, 11am – 4pm; GROW meets here Thursday evening at 6:30pm
 Main Phone Number: (856) 696-8921; Fax (856) 696-8859
 For more information, contact Chris Olausen (colausen@cspnj.org)