

# LEARNING RECOVERY CENTER-MARCH 2020

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 <b>CLOSED</b>	2 12:30pm Community Meeting 1:30pm Finances	3 12:30pm WRAP Group 1:30pm Meditation	4 <b>CLOSED</b>	5 12:30pm Wellness Choices/Recovery Library 1:30pm Gratitude Time	6 12:30pm Living with Diabetes 1:30pm Healthy Eating	7 12:30pm Peer Support Group 1:30pm Physical Activity
8 <b>CLOSED</b>	9 12:30pm Community Meeting 1:30pm Gratitude Time	10 12:30pm FATCAT Recovery Group 1:30pm Coping Skills	11 <b>CLOSED</b>	12 <b>CLOSED</b>	13 12:30pm Living with Diabetes 1:30pm Physical Activity	14 12:30pm Peer Support Group 1:30pm Mindfulness
15 <b>CLOSED</b>	16 12:30pm Community Meeting 1:30pm Finances	17 12:30pm Dealing with your emotions 1:30pm Meditation	18 <b>CLOSED</b>	19 12:30pm Wellness Choices/Recovery Library 1:30pm Gratitude Time	20 12:30pm Living with Diabetes 1:30pm Healthy Eating	21 12:30pm Peer Support Group 1:30pm Physical Activity
22 <b>CLOSED</b>	23 12:30pm Community Meeting 1:30pm Gratitude Time	24 12:30pm GROW Meeting 1:30pm Meditation	25 <b>CLOSED</b>	26 12:30pm Journaling 1:30pm Wellness Choices/Recovery Library	27 12:30pm Living with Diabetes 1:30pm Physical Activity	28 Clean up at the Center
29 <b>CLOSED</b>	30 12:30pm Community Meeting 1:30pm Finances	31 12:30pm WRAP Group 1:30pm Meditation	1 <b>CLOSED</b>	2 12:30pm Wellness Choices/Recovery Library 1:30pm Gratitude Time	3	4

Learning Recovery Center is located at: 4404 Pacific Ave. Wildwood, NJ  
 Hours of operation: Monday, Tuesday, Thursday, Friday, Saturday 11AM – 3PM  
 Phone Number: 609-523-7100  
 For more information, contact Betty Redman (bredman@cspnj.org)

