



Learning Recovery Center Sept. 2019

Free & Open to ALL

Learning Recovery Wellness Center is sponsored by Collaborative Support Programs of NJ (CSPNJ)

We are located at 4404 Pacific Ave Wildwood NJ
 Phone: 609-523-7100
 Fax: 609-523-7155

Learning Recovery offers peer support, and individual and group activities and classes

Reflecting the eight dimensions of wellness:
 Emotional...Physical...
 Intellectual...Social...
 Spiritual...Environmental...
 Occupational...Financial

For more information, please call us, see our website, and stop by the center for a tour. No appointment is necessary.

**Key: Individual Peer Support-IPS
 Peer Support for Community Services Information-PSCSI**

**HOURS
 10-3**

Please call ahead due to weather or events out of our control.

SUN	MON	TUE	WED	THU	FRI	SAT
1 	2 WE WILL BE CLOSED ON LABOR DAY	3 Community Meeting	4 	5 Wellness Choices	6 Gratitude Time	7 PSCSI IPS
8 	9 Community Meeting	10 Pause & Breathe	11 	12 Wellness Choices	13 Gratitude Time	14 1 pm Mindfulness w/Rosanne
15 	16 Community Meeting	17 1 pm Recovery Ride w/Lisa E.	18 	19 Wellness Choices	20 Gratitude Time	21 PSCSI IPS
22 	23 Community Meeting	24 Pause & Breathe	25 	26 Fall Fest	27 Gratitude Time	28 Clean up at the Center
29 	30 Community Meeting					

