



CARE CENTER SEPTEMBER 2019

September

CARE Center
Community Wellness
CENTER
80 Steiner Ave
Neptune City, N.J
Tele: (732) 455-5358
Fax: (732) 455-5359
 Join us on Tuesday and
 Friday nights at 7pm for our
 Dual Recovery Group at the
 CARE Center
 Highlighted Groups Utilize
 the Recovery Library

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CLOSED	2 CLOSED	10AM-3PM 3 Community Meeting 11am Healthiest You 1pm Women's Group	10AM-3PM 4 Nutrition Group Peer to Peer Goal Group 10:30 am Men's Group 2pm	10AM-3PM 5 Current Events GROW 1pm WRAP 2pm	10AM-3PM 6 Current Events Check in 11am Boundary Group 2pm	10AM-3PM 7 LABOR DAY BBQ
8 CLOSED	9 CLOSED	10 Check in 11am Healthiest You 1pm Women's Group	11 Nutrition Group Peer to Peer Goal Group 10:30 DBSA Neptune Men's Group 2pm	12 Current Events Hearing Voices WRAP 2pm Michelle Birthday	13 Current Events Check in 11 Anger/ Management Group 2pm	14 BARNEGAT PICNIC
15 CLOSED	16 CLOSED	17 Check in 11am Healthiest You 1pm Women's Group	18 Nutrition Group Peer to Peer Goal Group 10:30 Men's Group 2pm	19 Current Events GROW 1pm WRAP 2pm	20 Check in 11am NAMI Group 1pm Boundary Group 2pm	21 Shopping Trip 20 Minute Walking Group
22 CLOSED	23 CLOSED	24 Check in 11am Healthiest You 1pm Women's Group 2pm	25 Nutrition Group Peer to Peer Goal Group 10:30 Men's Group 2pm	26 FALL FEST	27 Community Meeting Anger Management 2pm	28 Current Events 20 Minute Walking Group BINGO
29 CLOSED	30 CLOSED					