

BRIGHTER DAYS COMMUNITY WELLNESS CENTER


268 BENNETTS MILLS ROAD

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SEPTEMBER 2019

SUNDAY CLOSED	MONDAY CLOSED	TUESDAY 12:00P-5:00P	WEDNESDAY 2:00P-7:00P	THURSDAY 2:00P-7:00P	FRIDAY 2:00P-7:00P	SATURDAY 11:00A-4:00P	
<p>ALL HIGHLIGHTED GROUPS ARE BASED ON THE RECOVERY LIBRARY APPROACH</p>		<p>3. LUNCH \</p> <p>FINANCIAL GROUP</p>	<p>4. DBSA \</p> <p>DINNER \</p> <p>DOUBLE TROUBLE</p>	<p>5. NJ CONNECT FAMILY WORKSHOP</p>	<p>6. DINNER NICOTINE RECOVERY \</p> <p>PHYSICAL WELLNESS</p>	<p>7. LUNCH \</p> <p>COMMUNITY MEETING \</p> <p>THE BIO OF...</p>	
<p>8. CLOSED</p>	<p>9. CLOSED</p>	<p>10. LUNCH \</p> <p>FINANCIAL GROUP</p>	<p>11. DBSA \</p> <p>DINNER \</p> <p>GROW \</p> <p>DOUBLE TROUBLE</p>	<p>12. NJ CONNECT FAMILY WORKSHOP</p>	<p>13. DINNER \</p> <p>NICOTINE RECOVERY \</p> <p>PHYSICAL WELLNESS</p>	<p>14. LUNCH \</p> <p>ART THERAPY</p>	
<p>15. CLOSED</p>	<p>16. CLOSED</p>	<p>17. LUNCH \</p> <p>FINANCIAL GROUP</p>	<p>18. DBSA \</p> <p>DINNER \</p> <p>DOUBLE TROUBLE</p>	<p>19. NJ CONNECT FAMILY WORKSHOP</p>	<p>20. DINNER \</p> <p>NICOTINE RECOVERY \</p> <p>PHYSICAL WELLNESS</p>	<p>21. LUNCH \</p> <p>OUTDOOR ACTIVITIES</p>	
<p>22. CLOSED</p>	<p>23. CLOSED</p>	<p>24. LUNCH \</p> <p>R.L. FINANCIAL GROUP</p>	<p>25. DBSA \</p> <p>DINNER \</p> <p>DOUBLE TROUBLE</p>	<p>26. NJ CONNECT FAMILY WORKSHOP</p>	<p>27. DINNER \</p> <p>NICOTINE RECOVERY \</p> <p>PHYSICAL WELLNESS</p>	<p>28. LUNCH \</p> <p>OCCUPATIONAL WELLNESS</p>	
<p>29. CLOSED</p>	<p>30. CLOSED</p>	